Final Programme

17th-19th October 2019

Biennial Meeting on Facial rejuvenation

OUD ST JAN CONVENTION CENTRE
BRUGES - BELGIUM
As EASAPS president I am honoured that the 2019 EASAPS meeting will be held in Bruges. It will be a pleasure to meet you in one of the most beautiful cities in the world, in the country that is my home. We will be able to spend a few days focusing on our speciality, but we also have the opportunity to catch up with old friends and make new connections that will allow us all to build a strong network in our speciality. The purpose of EASAPS is to serve our member societies and European aesthetic plastic surgeons and promote the European spirit. Looking forward to meeting you all in Bruges

EASAPS President
Ivar van Heijningen

Please inform all of your colleagues about the opportunity to share and compare all aspects of facial rejuvenation during this important event which is targeted to all colleagues interested in the field of aesthetic surgery of the face. The meeting is structured to offer interesting lectures for both young surgeons and those with more experience. This is important to promote the EASAPS vision to convey and work for European education and training within our plastic surgical specialty. We would especially like to invite our younger colleagues to take part. We strongly believe that a European network strengthens our specialty in times of unclear regulation in many countries.

All invited lectures on facial plastic surgery and rejuvenation by the expert faculty members will focus on long-term results, patient safety, refinements of techniques as well as management of complications and adverse events. The faculty will soon be announced.

According to EASAPS rules, we will also invite all member societies to submit the best presentation held at their National annual meeting to be part of the “Voice of Europe” session.

Young specialists in plastic surgery or those in the last year of residency are also invited to submit an abstract on facial plastic surgery. The best presentation of them will be awarded with a fellowship in aesthetic plastic surgery.

We hope to see you in October 2019!

Chair of Scientific Committee EASAPS
Birgit Stark
THURSDAY OCTOBER 17, 2019

1st ISAPS Resident and Fellow Congress

06:30-08:00  Registration
07:00-07:50  Masterclasses.
  **Masterclass1** Basics in laser Therapy. Vakis Kontoes, EC Chair
  **Masterclass2** Basics in Botuline toxin therapy. Ivar van Heijningen, course organiser
  **Masterclass3** Basics in Filler therapy. Gabriela Casabona

08.00-08.20  Opening Ceremony ISAPS 1st Residents and Fellows Congress.
             Ivar van Heijningen, course organiser and Dirk Richter ISAPS President
             ISAPS Presentation Vakis Kontoes, EC Chair
             Welcome residents and Fellows Maria Wiedner, Residents and Fellows Chair

**Session A Practise Setup and Safety**
08.20-08.40  European Standards and ISAPS Global Accreditation Ivar van Heijningen
08.40-09.00  Finance and Insurance Kai Schlaudraf
09.00-09.20  Business setup and personnel Kai Kaye
09.20-09.40  Marketing/Dealing with competition Per Heden
09.40-10.00 Marketing - First steps in social media Simone Hellmann
10-00-10.30  Coffee break

**Session B Consultation skills**
10-30-10.50  Consultation Serge de Fontaine
10.50-11.10  Patient selection Carlos Parreira
11.10-11.30  Documentation: pre-op photography, gdpr, electronic or paper files etc Gaetan Willemart
11.30-12.00  Interactive discussion

**Session C Basics in Aesthetic Surgery - Face**
12:00-12:20 Non-surgical Gabriela Casabona
12:20-12:40 Surgical Mario Pelle Ceravolo
12:40-13.00 Facelift Alexis Verpale
13:00-14.00 Lunch

**Session D Basics in Aesthetic Surgery - Periorbital**
14:00-14:20 Lipofilling Patrick Tonnard
14:20-14:40 Upper Blepharoplasty & Brow Lift Dirk Richter
14:40-15:00 Lower Blepharoplasty Vakis Kontoes

**Session E Basics in Aesthetic Surgery - Breast**
15:00-15:20 Augmentation/Lipofilling Susumu Takayanagi
15:20-15:40 Reduction Moustapha Hamdi
15:40-16:00 Augmentation Mastopexy Gianluca Campiglio
16.00-16.30  Coffee break
Session F  Basics in Aesthetic Surgery - Body
16:30-16:50  Liposuction/Lipofilling (Cave BBL)   Magnus Noah
16:50-17:10  Abdominoplasty       Maria Wiedner
17:10-17:30  Brachioplasty/Thighs  Ulf Samuelson
17:30-17:50  Non-surgical           Michel Rouif

19:00-20:00  Welcome Reception and get together EASAPS and ISAPS at City Hall

Parallel EASAPS sessions

EASAPS Pre-course Workshops:
Fillers and their complications
Anatomy of the forehead, face and neck
Regenerative Medicine
Threads

EASAPS Pre-course Masterclasses:
The difficult neck reoperation, indication solution of problems recurrent bands
Lower eyelid rejuvenation, algorithm for type of surgery, longevity, deal with complications
Midface rejuvenation, longevity of results, indication for type of surgery
Debate on non surgical rejuvenation: heat vs cold
Fillers

Join us to meet colleagues and exhibitors.
Make new friends!
<table>
<thead>
<tr>
<th>Time</th>
<th>Session/Activity</th>
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<tbody>
<tr>
<td>07:30-08.30</td>
<td>Instructional courses</td>
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<tr>
<td>08.30-08.45</td>
<td>Welcome: President of EASAPS Ivar van Heijningen</td>
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<tr>
<td>08.45-09.15</td>
<td>KEYNOTE LECTURE: Maxillofacial analysis of the bony skeleton and remodelling.</td>
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<td>09.15-09.30</td>
<td>Body dysmorphic disorders</td>
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<td>09.30-09.45</td>
<td>Consultation skills. Analysis of the face</td>
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<td>09.45-10.00</td>
<td>Soft Tissue Analysis</td>
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<td>10.00-10.15</td>
<td>Interactive discussion</td>
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<td>10.15-10.45</td>
<td>Coffee break</td>
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<td>10.45-11.15</td>
<td>KEYNOTE LECTURE: Presentation of all procedures with pros and cons, complications and long-term results</td>
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<td>11.15-11.30</td>
<td>Female versus male rejuvenation of the forehead and periorbital area.</td>
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<td>11.30-11.45</td>
<td>Case presentation.</td>
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<td>11.45-12.00</td>
<td>Case presentation.</td>
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<td>12:15-13.15</td>
<td>Lunch</td>
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<td>12:45-13:00</td>
<td>Case presentation Birgit Stark</td>
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<td>13.00-13.15</td>
<td>Case presentation Michel Rouif</td>
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<td>13.15-13.30</td>
<td>Debate. Pros and cons: does the temporal lift fulfill patients’ expectations?</td>
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<td>13.30-13.45</td>
<td>Interactive discussion</td>
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Session D Non surgical approach to the face and neck
Moderators: Michel Rouif and Carlos Parreira

13.45-14.00 KEYNOTE LECTURE:
Laser and energy based technologies, indications, limitations, long term results.
Katharina Russe-Wilflingseder

14.00-14.15 Microneedling, dermabrasion and fat grafts    Patrick Tonnard
14.15-14.30 TCA and Phenol peels    Apostolos Mandrekas
Patrick Tonnard, Katharina, Russe Wilflingseder, Apostolos Mandrekas
15.15-15.45 Coffee break

15.45-17.15 Session E The Voice of EUROPE?
Moderator: Toma Mugea and Iris Brito

17.15-17.30 Interactive discussion
17.30 EASAPS General Assembly
20.00 Dinner party

SABTURDAY OCTOBER 19, 2019 Day 2 EASAPS Biennial Meeting

07.30-08.30 Instructional courses

IC 3 The difficult neck. Indications and solutions for the recurrent bands.
Per Hedén

IC 4 Midface rejuvenation, longevity of results, indications for choice of surgery.
Patrick Tonnard

Session F Lower eyelid rejuvenation
Moderators: Mario Pelle Ceravolo, Kai Kaye

08.30-09.00 KEYNOTE LECTURE:
Indications, pitfalls and long-term outcomes
Dirk Richter

09.00-09.15 Case presentations    Yves Bruhlmann
09.15-09.30 Case presentations    Vakis Kontoes
09.30-09.45 Case presentations    Kai Schlaudraff
09.45-10.00 Case presentations    Ulf Samuelson
10.00-10.15 Interactive discussion
10.15-10.45 Coffee break
**Session G Midface rejuvenation**
Moderators: Beatriz Berenguer, Carlos Parreira

10.45-11.15  KEYNOTE LECTURE:
Midface procedures and attention to safety, complication and long-term results.
Giovanni Botti

11.15-11.30  Case presentations    Alex Verpaele
11.30-11.45  Case presentations    Per Hedén
11.45-12.00  Case presentations    Birgit Stark
12.00-12.15  Interactive discussion
12:15-13.15  Lunch

**Session H  Rejuvenation of lower face and neck**
Moderators: Nigel Mercer, Magnus Noah

13.15-13.45  KEYNOTE LECTURE:
Longevity in various lower face and neck procedures
Michel Rouif

11.15-11.30  Case presentations    Timo Pakkanen
11.30-11.45  Case presentations    Violeta Skorobac
11.45-12.00  Case presentations    Apostolos Mandrekas

**Session I  EASAPS/EURAPS Joint session**
Moderators: Fabio Santanelli di Pompeo, Timo Pakkanen

14:45-15.15  KEYNOTE LECTURE:
The rationale of aesthetics in reconstructive surgery
Fabio Santanelli di Pompeo

15.15-16.15  Expert panel discussion
Panel members: Moustapha Hamdi, Beatriz Berrenguer, Magnus Noah, Nigel Mercer
Topics to be discussed:
Education - Media attention -Social media – Other Specialities.

**Session J  How can rhinoplasty enhance facial rejuvenation.**
Panel discussion and case histories.
EASAPS Biennial Meeting

Facial rejuvenation
Masterclasses and invited lectures
Surgical and non-surgical techniques
Complications
Longevity and results
Management of adverse events
Regenerative medicine
Debates and interactive discussions

EACCME credits will be requested for this meeting

For information regarding Abstracts from young surgeons please contact info@easaps.org

www.easaps.org